

SCHOOL JOURNEY TO TREGOYD HOUSE



**18th - 22nd
September 2023**



Inspire, explore!
active holidays, for active people



Why we have School Journey

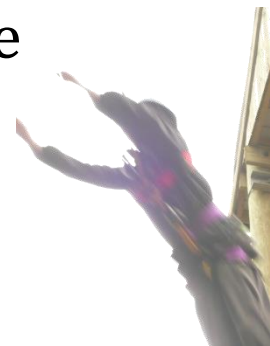
- To fulfil the Outdoor Education aspects of the National Curriculum for PE
- To provide an opportunity for pupils to succeed in activities not covered as part of the school's curriculum
- To foster a sense of personal achievement for all who take part
- To build and develop self esteem





Why we have School Journey

- To give pupils the opportunity to experience a different geographical locality to Clapham
- To enable pupils to experience activities that the school does not have the resources to provide
- To experience these activities in a safe and secure environment
- To develop pupils Personal and Social Education by giving them an opportunity to live away from home with their friends





Why we have School Journey

- To provide a lasting happy memory which will be part of their time at Clapham Manor





Where, When and What?

PGL Tregoyd House

Brecon

Powys

LD3 OSP

EMERGENCIES ONLY

01497 847696



COVID-19 Changes



Summary of changes implemented ▲

Social distancing measures

- Signage
- One-way systems
- Screens at reception
- Floor markers
- New arrivals procedures
- Use of PPE
- Revised room layouts
- Removal of furniture and other items

Enhanced hygiene measures

- Use of hand sanitisers
- Not entering guest rooms to clean during a stay unless requested
- Increased hand washing routines
- Use of viricidal mist, deep clean treatments for all accommodation between stays
- Additional staff training

Reducing contact

- Staggered use times in our shops and dining rooms
- Maximum guest numbers set in communal spaces/ rooms
- Encouraging guests to bring their own drinks bottles to use for refreshments

<https://www.pgl.co.uk/en-gb/school-trips/resources/teacher-guide/covid-safe-and-secure>

Activities

- Abseiling
- Challenge Course
- Climbing Wall
- Mountain Trail
- Fencing
- Initiative Exercise
- Orienteering
- Trapeze
- Zip Wire and Low Ropes Course
- Archery
- Canoeing



A Typical Day



07.00 - Wake up

08.15 - Breakfast (English or Continental, cereal, toast and drinks)

09.00 - First activity session

10.30 - Break

10.45 - Second activity session

12.15 - Hot lunch or packed lunch

A Typical Day



13.45 - Third activity session

15.15 - Break

15.30 - Fourth activity session

17.00 - Supervised free time

17.30 - 2 course evening meal

19.00 - Evening entertainment

20.30 - Dormitories

21.00 - Bed

Departure and Return



- We will leave the school at **10:30am promptly** on Monday 19th September.
- Please meet in the Bottom Hall at **10.00am**
- The children are **not** required to come to school on the day before 10:00am on the 19th September.
- Children should bring a packed lunch in a carrier bag
- We are leaving the Centre at 12:30pm on Friday 23rd September
- We should return to school between 4:30pm and 5:00pm

What Next?



- The trip costs £355.
- Sign up your child for PGL September 2023 by paying your deposit online. Please do this by Monday **December 16th**.
- Continue to pay the payments in installments outlined on the letter.
- Please contact Ms Chaudhri if you are in receipt of pupil premium funding and need financial support.
- Please fill in consent and medical forms and return to the office.